



May Safety Information

Seasonal Issues- Glare- Hydration
Defensive Driving Never Stops!
Work Zone Awareness
Maintaining Worker Free Space
Chain Saw / Chop Saw Safety Reminders

Season Changing - Spring Fever

rain - watch your hydroplaning

rainage on slopes, grades, Standing water

ow it down to suit road, weather

headlights, reflective gear

istracted drivers, school will be letting out, moving vans, overloaded
ehicles, mattresses, furniture, etc.

ways be on the lookout for fatigued, long distance drivers, distractions...

NEVER Stop in a travel lane

if possible, avoid SLOWING DOWN in a travel lane.

This is because a DISTRACTED DRIVER is probably not going to react and YOU are going to be rear-ended

Pedestrian and bike fatalities increasing. Pedestrian fatalities most common on dark road, with dark clothing. You have to be alert at all times especially during nighttime hours.

Critical Hydration Season is Beginning

We're entering annual cycle of adjustment - blood thins out.
Watch for CRAMPS, Exhaustion, STROKE - pay attention to this progression
Be aware of fluid intake- WATER, juice, etc. Avoid the Red Bull!
Proper rest cycle more important than ever; avoid sleep deficit.

Maintain Worker Free Space

Recent incident where a worker was struck by shovel of hot asphalt: Remember to have a clear space around people working

This is magnified when they are using power tools such as chain saws, chop saws, etc. Even a hammer can cause shrapnel - and mind that back swing!

Be aware of what goes on when around any vehicles, on the jobsite or elsewhere. People right next to vehicles are hard to see and non-commercial vehicles don't have back-up cameras.

Don't walk in between vehicles when one is in the process of getting ready to move. Driver may put the vehicle in reverse when you're expecting forward, and vice versa.

Chain Saw / Chop Saw Safety

Actually, this applies to ANY kind of power tool.

Swinging a sledge hammer can generate a pretty good amount of percussive force, but the damage is likely to be in the 'blunt force trauma' category.

Anything with a rotating blade can result in what's called an 'avulsion laceration.' That can be ugly.

In other words, there are safety practices for just about everything In order to extend our time on earth to its fullest measure.... Adhere to the safety practices.

Applies to YOU and Contractors - always practice defensive measures.

Cost of accidents is astronomical. Do all we can to avoid.

See [the handout](#) in WSA Safety Category on Chain Saw and Chop Saw Safety.