



March Safety Info

- Latest Covid Info Updates
- Our Nuclear Late Winter
- Defensive Driving Reminders
- Please Think About These Items

EMERGING COVID PRECAUTIONS



- **Emerging 'Variants'**: Stay protected at all times. Face coverings- now include 'double layer' or N-95 mask advisory.
- Practice 'Social distancing'; avoid questionable/unknown exposure when possible.
- Crowd gathering controls are gradually being eased. Use discretion.
- Awareness of surroundings & risk factors in daily life; travel; family, social, recreational, leisure activity, shopping, etc.

NUCLEAR WINTER AGAIN...

Farmers *Almanac* predicts “a light winter for most of the US.
Warmer-than-normal temperatures forecast for large part of the country.”

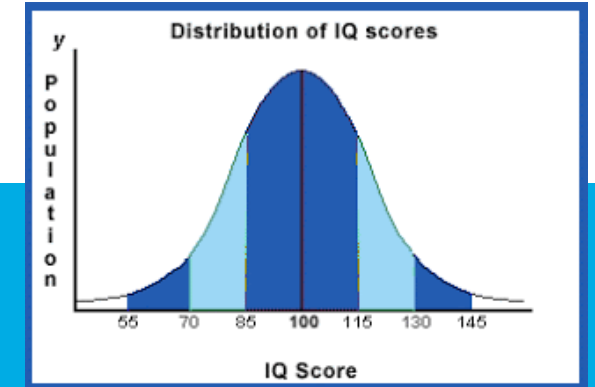


- This usually results in highly variable temperatures freeze overnight, mid 40's+ daytime.
- Can create dangerous early AM road & bridge icing. Use extreme caution on commute.
- Ice/snow precipitation: will thaw during day. Standing water = hydroplane hazard, plus ice over if wind-chill reaches freeze point.
- Dress in light layers to adjust for swing in temps. Outer garment should be high-viz.
- Extreme cold — consider coveralls or bibs, boot, helmet & glove liner
- Wear face covering/ gaiter to minimize breathing cold (dry) air, which can be irritating. Stay hydrated. Wear eye/face protection.
- Recently a client advised **NO HOODIES** under a hard hat. Interferes with correct fit and suspension. This makes sense. Use a proper helmet liner instead.

DEFENSIVE DRIVING REMINDERS

- **NO DISTRACTIONS**. FOCUS on the road. Hands-free phone. Limit calls.
- **Moderate your speed**. Posted limit = 4 wheeler passenger vehicle, daytime, dry road. All others: **ADJUST SPEED FOR CONDITIONS**
- Most common accident: **following too close**. Allow 4-second interval.
- **Intersections of all types** = high crash frequency. Scan well ahead and all around your vehicle. SLOW before entering intersection.
- **Do not 'crowd' the stop line**. WAIT when signal turns green. Running a red light is common fail. Allow an interval for safe transit.
- **Daytime Running Lights** = 'hi-viz vest' on your vehicle. **'Make Sure They SEE YOU'** is one of the 5 keys of Defensive Driving.
- Deer season; Glare; road icing; poor drainage; standing water; Road Rage (Holiday & Covid stress); defective equipment; bad brakes/tires; long list of 'fails' contribute to crash hazard.
- Protect yourself at all times; in and out of the vehicle.

PLEASE THINK ABOUT THESE ITEMS



- Seasonal 'shift' is in process. Risk factors include: fatigue, dehydration; distraction, stress, Covid, general activity level increase, etc.
- Annual bell curve increase in 'incidents' of all types- spring & summer.
- Be alert for '**Close Call**' situations and report them.
- One of our primary goals is to stay 'incident free' throughout this year. That would be a great achievement so please stay 'on message'!!
- 'Think Safety' is way more than just a casual remark.
- Covid engendered a lot of 'Be Safe Out There' reminders. The outcome is to essentially 'practice what we preach', on & off the job!